

STAR GAZING GARDENING AND HAIR CUTTING BY THE MOON IS BACK!

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# THE AUSTRALIAN Women's Weekly

NEW ZEALAND EDITION

## DIET ALERT

Which weight-loss plans work and why

## HOW TO CATCH A CHEATING HUSBAND



## 32 DELICIOUS RECIPES

- \* Old-fashioned desserts
- \* French food made simple
- \* 4 perfect pastas

**NIGEL LATTA**  
TEEN TAMER

## PLAYBOY SHANE WARNE

How sleaze and sex is making him rich

# Annabelle White

HIGH JINKS, HAPPINESS AND HER SPECIAL BOND WITH PAUL HENRY

PLUS the Cuddly Cook's favourite sweet treats



acp magazines



CLEVER CRAFT IDEAS 4 SIMPLE LAMPSHADES TO MAKE



**9** Wine Away is a new revolutionary natural cleaner, which easily removes wine stains from carpet and fabric – even some older stains! It effortlessly makes red wine, cranberry juice, and other red stains disappear, leaving things looking as they should. Wine Away spray bottle (240ml) RRP \$23.00.



**10** The Andrew Collinge PURITY range of shampoos and conditioners contain organic Quinoa protein plus a wonderful mix of exotic botanicals and rare aromatic oils to help restore, revitalise and refresh hair. Not only do they smell delightful, your hair feels great too. Available from Farmers, Countdown and other leading supermarkets, RRP \$15.11. Phone 0800 804 711.

**12** Meadow Fresh Live Lite yoghurt is the only lite yoghurt containing no artificial sweeteners; sweetened instead with the natural ingredient stevia. This delicious creamy yoghurt is available in a wide range of flavours. It has just 75 calories per 125g pot, is 99.9% fat free and a good source of calcium. You can find this in store for \$3.99 on promotion.



**11** Kellogg's All-Bran Apple Flavoured Crunch cereal is made from crispy fibre rich bran pieces, clusters, flakes and slices of real red-skinned apple. It's an easy way to help get the fibre you need to help maintain digestive health. (R)Registered trade mark. Kellogg's (Aust) Pty. Ltd. authorised user.



**13** Bright's sausages taste the way a good Kiwi sausage should. They come in delicious fresh pork and herb, beef and garlic, roast lamb, turkey or pork and watercress and are available in your local supermarket.



**17** At last, a serious flea treatment you can get from the supermarket. Evance from Vitapet uses new flea treatment technology to rid fleas and stop pesky scratching. Best of all, it's as easy as picking up your milk and bread.

**14** Celebrate the 10th anniversary of Olay Total Effects – the iconic skincare range trusted and loved by women for 10 years. The world's number one facial care brand\* has been helping women by creating beautiful, younger-looking skin that we all wish for when we blow out the candles!



**15** Barker's of Geraldine Lemon & Lime Fruit Syrup (\$5.20) is the perfect thirst-quenching treat for a long, hot summer's day. Check out the full range of Fruit Syrup flavours at supermarkets nationwide.



**16** Try K-Y® Yours and Mine™ couple lubricants. It takes two to make chemistry. That's why it takes two lubricants to let your lovemaking add up to a totally new experience. An invigorating warming sensation for him.



A thrilling tingling sensation for her. From participating supermarkets and pharmacies. RRP \$24.95

**18** L'Oréal Paris' exclusive new Hair Expertise range is free from harsh sulfates and salts that strip colour and essential oils, weakening the hair and leaving it prone to breakage. Hair Expertise delivers a beautiful result, leaving you with gorgeously healthy hair. From RRP \$16.99.

